

## British Walking Federation

PT122 BOWNESS AND BEATRIX WALK



### ORGANISED BY THE BWF NATIONAL COMMITTEE

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DISTANCE: 11km ENTRY FEE: £2.00 per walker (Cheques payable to the British Walking Federation) AWARD: Cloth Badge at £2.50 each START VENUE: The boat jetties on Lake Windermere in Bowness OS MAP: 97 GR: SD401967 SAT NAV: LA23 3HJ what3words ///obligated.jolly.safari CAR PARKING: Various car parks in the area DIRECTIONS FROM M6 MOTORWAY: From the South leave the M6 at junction 36, and take the A590 towards Sedgewick, and then the A591 to Windermere. At Windermere take the A592 to Bowness-on-Windermere. From the North, leave the M6 at junction 37 towards Kendal, on the A684. Then pick up the A591 to Windermere and follow the instructions above. PUBLIC TRANSPORT: Train or bus to Windermere. Bus to Bowness. Please check as all transport is seasonal.

**REFRESHMENTS:** At the start and on the route

### **ROUTE DESCRIPTION (Updated 20th September 2019)**

With the information centre behind you and facing the Lake, turn Left down Glebe Road with the Lake on your right. After 300m, and just past Windermere Quays visitor centre on your right, take the Public Footpath sign posted to Cockshott Point. Follow the path keeping the Lake on your right. At metal gate, go through and turn right, and follow the signs for the ferry.

# Q1- At slipway on Windemere Ferry sign what is the number for the Ferry Captain?

Board the ferry and cross Lake Windermere as a foot passenger. (Every 20 mins at a Cost of £1.00 each way for 2019).

After crossing Lake Windermere, walk along the road for approximately 140 metres. Take footpath on the right through gate signpost Hilltop 2 miles, and follow along the side of the Lake for approximately 150m to go through the gate, turn left on road passing NT cafe on right. After approximately 100m go through the gap in the wall on

the right, sign post public footpath Hilltop and Far Sawrey. Ahead to " The Picturesque" information board.

#### Q2 - On the board what view is depicted by William Green's 1815 painting?

Walk up the path to a ruined Claife Viewing Station, the building was a "Café cum View point" called a Station for the hundreds of Victorian visitors. Watch out for Red Squirrels in this area.

Retrace steps back down 50m and take path down slippery steps sign post Hilltop, Near and Far Sawry. After the descent follow the path right, through the NT car park, keeping the road on your left and follow the public footpath sign post Near and Far Sawrey and Hilltop. Go though the gate, cross the road with care, and continue on the path in the same direction with the road now on your right. As you come to the end of this path continue on the road for approximately 100m, turn right at footpath sign post Far Sawrey. Follow the track, go ahead through kissing gate, another gate and then through another old metal kissing gate. Join the lane via the path and continue in same direction passing cottages, (looks like private property) ahead to road and turn right.

# Q3- On seat left of defibrillator box what is the surname of George and Margaret?

After 50m turn left on lane opposite the Cuckoo Brow Inn sign post Hilltop3/4 mile, at road junction bear left, and ahead on this road through village. Just before church take footpath on right through kissing gate ahead on gravel path across field and over bridge in same direction. Through kissing gate on right and immediately turn left through gate signed Near Sawrey & Hilltop, nice seat for a rest stop, do not go out into the road. Eventually the path emerges onto the road turn left on road passing Hilltop, whilst living here Beatrix Potter wrote most of her now famous books. She used the cottage, gardens, and surrounding area for inspiration for the stories and illustrations in her books.

Immediately after passing Hill Top, pass Tower Bank Arms on your left keep on this road towards Hawkshead and take the first road left signed Lakeside. After 500m, at the fork in road turn left on single track road eventually passing Dub How Farm and cottages. After a further 500m turn left into woodland through large wooden gate, signpost Far Sawrey 1 mile, then almost immediately go through another wooden gate continue ahead on wide track. Bear right uphill following footpath sign keeping wire fence on right to cross boardwalk. At fork keep ahead for 50m to kissing gate and field, cross field aiming for gate and stile in same direction through three gates and fields on terraced path to reach kissing gate and road, turn left.

#### Q4 - What is the name of the first cottage on your left?

Almost immediately turn right through kissing gate into field with church on left. Continue in the same direction through several fields and kissing gates to emerge at Briars Brow Cottage. Turn right and walk along the road for a short distance. At road junction turn right and continue on road sign posted to Cunsey. Ignore left turn instead follow the road down hill until you see a sign for Bryers Cottage, turn sharp left. Ignore private signs this is a permissive path. Continue on this path to the Lakeside and then with the Lake on your right continue to the road.

Turn right on road and return to the ferry. Cross, and re-trace your steps through the car and boat park. Do not turn left through metal gate to follow the lake shore path but go ahead on path between fences to road. Cross the road and ahead on Rectory Road, eventually passing the mini-golf and tennis courts on left to return to the Lake side and information centre.

When you have completed this trail please use the Permanent Trail Entry Form

The organisers are not liable for accidents, thefts and/or damage to property. Every effort will be made by the organisers to make this a safe, enjoyable and memorable event.

All Permanent Trails Registered with BWF