PLYMOUTH REMEMBRANCE **TRAIL (PT293)**



CONTACT: Di Renton – 10 Fernside Park, Tremar, Coombe, Liskeard, Cornwall, PL14 5HY

> Telephone – 01579 344281 E-mail – k9r@btinternet.com

DISTANCE: 11km

ENTRY FEE: £1.00 per walker (Cheques made payable to Thames Valley Walking Club)

AWARD: There is currently no award for this walk.

START VENUE: Life Centre, Milehouse Road, Plymouth, Devon, PL2 3DG

DIRECTIONS: From the A38 take the A386 (Manadon) exit signed 'Plymouth Argyle Football Club'.

> Follow the signs for P.A.F.C. and 'Park & Ride' signs (approx.1 mile from A38), then sign for 'Life Centre'. You will see the football ground and large car park on your left. Take the

next left (Mayflower Drive) and follow sign for parking.

CAR PARKING: At start venue (free).

TRANSPORT: Train Station - Exit Plymouth railway station to right & go down Saltash Road. Go under

railway bridge to Pennycomequick roundabout & join the route into Stuart Road at * (after

Question 1).

Coach Station – Join route at ** (after Question 5).

Bus – Take buses to Central Park.

FACILITIES: There are numerous pubs, cafe's, shops, etc. along the route.

TERRAIN: Urban area's & roads.

The organisers are not liable for accidents, thefts and/or damage to property. Every effort will be made by the organisers to make this a safe, enjoyable and memorable event.

ROUTE DESCRIPTION (Updated 7th May 2024)

PLEASE REMEMBER TO TAKE GREAT CARE ON ALL ROAD SECTIONS OF THIS TRAIL

T/L = Turn Left T/R = Turn Right R/A = Roundabout

Exit car park heading towards Plymouth Argyle Stadium. T/R between the Stadium & Life Centre. Ahead to pass white barrier to R/A with clock. T/L and in approx 100m T/R next to lamp post 53 and in 160m at first track junction bear left slightly downhill. In approx 40m at next junction turn right on uphill tarmac path. Follow for approx 300m to track junction and turn left downhill to bottom.

Follow cycle path to right uphill (with Central Park Avenue on left) to reach an information board on the right.

Ouestion 1: On Central Park Community Ochard Board - What type of cherries are grown?

Continue along path to reach a road. T/L Holdsworth Street then T/R on to Central Park Avenue and at Pennycomequick R/A T/R on Alma road to pedestrian crossing. Cross road T/L & right into Stuart Road.* Cross road, T/R continue under arch bridge, immediately T/L at bollards down path, bear right into Victoria Park (not signed) passing The Park Pavilion Cafe on right. Continue to reach end of park with the Three Towns Amalgamation notice board & Centenary Stone on left.

Question 2: When did Plymouth become a city?

(Before the three towns became the Borough of Plymouth, special stones and markers highlighted the boundaries between Plymouth, Devonport and Stonehouse).

With your back to stone go ahead to left of disused toilet block to exit park to road, use zebra crossing to cross Molesworth road T/L & T/R into Edgcumbe Avenue.

At gate in corner of fence on left look across playing fields. The buildings were the Royal Naval Hospital before being closed. The stone steps in front of you was a military hospital [now a school]. The fields between the two was a tidal creek that was crossed by Mill Bridge linked to the River Tamar. During Victorian wars, wounded servicemen would be brought from ships anchored in the river up the creek to their respective hospitals.)

Follow around keeping fence on left to reach main road. Cross Paradise Road T/R & T/L through gap in wall into cemetery. Follow path to the left & up steps passing Stoke Damerel church on left. At end of path T/R & go over old railway bridge in left corner. Cross road into Waterloo Street up hill to junction, cross road T/R & left into Trafalgar Place Lane. At junction T/L passing St Michaels Court on left. At end of road cross road into Devonport Park, bear right to memorial.

Question 3: Facing Monument at the bottom L/H corner of railings what is written?

Facing memorial T/L ahead taking L/H path down hill (Cafe & Toilets on right.) to reach bollards and onto Park main entrance. Exit park to road T/R to cross road at bus stop. T/L follow into Kings Road for approx 550m passing City College on left to reach Cycle 2 route sign. Cross road, ahead passing bollard follow Cycle 2 sign to Cremyll Ferry through tunnel. T/L still on Cycle 2 route to Cremyll Ferry cross roadbefore Junction, T/R on Stonehouse Bridge & next R/A T/R into Durnford Street. On corner note East Stonehouse War Memorial.

Question 4: What animal is on the top of the Coat of Arms?

Continue up hill at the top (Nissan & Citroen Garage on right) cross road into Emma Place & T/R on Emma Place Ope. Cross road into Barrack Place. T/L continue ahead along Millbay Road (not signed) for approx 600m to R/A, straight on to smaller R/A bear right into Citadel Road up hill at top go straight on passing St Andrews School on left continue for approx 250m to reach Jewells Guest House on right. T/R (follow sign Hoe & Waterfront) Elliot Street, where street turns sharp right go ahead across road onto The Hoe. T/L about half way along the Hoe on left is a Monument to the Merchant Navy. On the R/H plaque

Question 5: What were the hazardous duties carried out by the Merchant Navy?

Continue on past next two Memorials & T/L sign posted City Centre, cross road at zebra crossing and continue ahead. Follow pavement around to left and at Taxi Stand (Blue Sign) T/R down steps to reach Ark Royal Anchor. (HMS Ark Royal RO9 (Nickname The Mighty Ark) was Commissioned 25 February1955 and Decommissioned 14 February1979. Home Base was HMNB Devonport. Motto Desire Not Rest).

With your back to the Anchor go ahead to cross Notte Street, keep left to cross next road. At next Junction T/L along Royal Parade for approx 80m to The Messenger statue. (*This is the largest Bronze Sculpture in the UK being 7m (23ft) high & 9m (30ft) wide weighing 10 Tonnes (22000LB) Depicting a Female Actor crouching to run on stage*).

Retrace your steps to the crossing, T/L to cross Royal Parade and ahead on left passing Sun Dial & Fountain. Stay on left hand side to pass Coach Station on left. ** (Alternative start if travelling by coach. On exit T/L you are now on route).

Continue ahead passing Plymouth Fancy Dress on left to end, go up steps bear right under bridge ahead under 2nd bridge up hill towards Railway Station.

At the Railway Station sign, T/R signposted Mutley for approx 330m passing Dawvid House on left to traffic lights. T/L Houndiscombe Road then into Sutherland Road, go down hill and over railway bridge. Cross Apsley Road into Maple Grove, at the bottom of the hill cross Dale road into Stangray Avenue, follow uphill & at top T/L and immediately cross the road and through the gates into Ford Park Cemetery.

Straight ahead passing Visitors Centre with Cafe & Toilets on right. (*The visitors centre* is *closed Mondays, Wednesdays & Fridays Tel No: 01752 665442*)

Continue passing the Chapel go on to path ignore side turnings up hill to exit Cemetery at metal gate. T/L and follow around to right passing garage with red door and in 60m by large black litter bin, take path to left. At the bottom of the slope T/R to cross wider path and continue ahead on narrow concrete path uphill. T/L on to wide path to R/A with Clock T/R to return to the Car Park.

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To claim your IVV stamp, please use the 'Permanent Trail Completion & IVV Stamp Claim Form' which is downloadable from the BWF website and send with your record books to the walk contact.