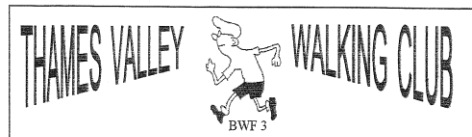


# PLYM VALLEY CHALLENGE WALK (PT225)



- CONTACT:** Di Renton – 10 Fernside Park, Tremar, Coombe, Liskeard, Cornwall, PL14 5HY  
Telephone – 01579 344281 E-mail – k9r@btinternet.com
- DISTANCE:** 25km
- ENTRY FEE:** £1.00 per walker (Cheques made payable to Thames Valley Walking Club)
- AWARD:** There is currently no award for this walk.
- START VENUE:** Plymbridge Woods Car Park located on the left at the end of Plymbridge Road. Nearest postcode: PL7 4SR (GR: SX 5249 5858).
- DIRECTIONS:** Follow Brown Signs from B3416 Plympton. NOTE Road becomes narrow.
- CAR PARKING:** At start - Free parking. No Cafe or Toilets.
- TRANSPORT:** None.
- FACILITIES:** Public house in Meavy at the halfway point.
- TERRAIN:** Rural areas, minor roads, wood, farm and moorland, cycle track.

The organisers are not liable for accidents, thefts and/or damage to property. Every effort will be made by the organisers to make this a safe, enjoyable and memorable event.

## ROUTE DESCRIPTION

(Updated 20<sup>th</sup> January 2019)

### PLEASE REMEMBER TO TAKE GREAT CARE ON ALL ROAD SECTIONS OF THIS TRAIL

Exit car park by zig-zag ramp next to notice board to cycle path R27. Continue for approx 70m.

**Question 1:** On right - what is on top of post?

Continue for approx 3.5km crossing three viaducts and under three bridges. Approx 400m after 3rd viaduct and just before bridge (Bickley Bridge), leave cycle path on wide path on right to road. Turn right on the road. Follow down hill to junction and turn left to follow road. At junction with bend on main road continue ahead, bearing right to Shaugh Bridge (here the Meavy flows into the Plym). Head up the hill on road, approx 130m to opposite sign on right, "End o Moor". Take footpath on left up hill and follow path over stile.

**Question 2:** What is the name of Wood on National Trust sign?

Continue up hill following yellow paint marks on trees to fence, turn left on woods edge taking either path up hill which join up at main building. From gate in fence with fence post go slightly left and uphill to path with broken pipe showing through, keeping river some way down slope to left. Follow path with pipe and after 3km path comes out into car park at Cadover Bridge. Go through car park and over road bridge. Take the track on the left after the bridge and go up hill around the back of the house to the car park. Go left passing the lake on your right.

**Question 3:** On white sign - who funds the lake?

Follow ditch above lake. At the end of the ditch turn right down hill to road, turn left on road & follow it for 400m to just before road rises, take right track marked Durance farm on large stone on right. Keeping left head down into farm, turning left in farm yard, then right down hill and follow path with Lovaton brook on right. Cross brook over clapper bridge follow path to road. Turn left..

**Question 4:** What is the name on the white cottage on your right?

Follow road to phone kiosk in Lovaton. Turn right up hill on road. Go over style on left just before house. Follow path with hedge on either side, into field passing standing stone in middle of field. Go into next field going through right hand gate, then downhill on left edge of field with hedge on left. Follow edge of field to corner then round to right and over style on left dropping down to road. Follow road down hill and turn left to ford, river Meavy using stepping stones or follow road around to far bank. Go up hill to junction. Turn left into Meavy passing The Royal Oak & village green on right.

Take the first left at the end of village over river Meavy and follow road up hill. Go straight over cross roads, over brow of hill and down steep hill on other side passing the Chapel on right. Turn right at bottom of hill at Hoo Meavy Cottages, follow road over river Meavy then uphill under viaduct to open moor with village hall on right (Clearbrook Village).

**Question 5:** On sign post where does Cycle Route 274 go to?

Turn sharp left opposite village hall signed Drakes Trail Cycle path 27 and follow track to gate. Turn right on path and follow path for 8km. Through one tunnel approx. 350m long and over four viaducts. After 4th viaduct at the railway station the cycle path zig-zags down to the entrance of the car park and end of the walk.

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To claim your IVV stamp, please use the 'Permanent Trail Completion & IVV Stamp Claim Form' which is downloadable from the BWF website and send with your record books to the walk contact.