

## **ORGANISED BY THE BWF NATIONAL COMMITTEE**

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DISTANCE: 10km

**ENTRY FEE:** £1.50 per walker (Cheques payable to the British Walking Federation) **AWARD:** Cloth Badge at £2.50 each

**START VENUE:** Union Terrace Car & Coach Park, York

**OS MAP:** 290 **GR:** SE604526

SAT NAV: YO31 7WS

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**CAR PARKING:** At the start and various other car parks in the city (charges apply). Alternatively use the Park and Ride Schemes which are much cheaper (free parking, bus fares apply). Get off the bus at York Railway Station and follow the directions for arriving by rail

**PUBLIC TRANSPORT:** On arrival at York mainline Railway Station, leave the front entrance and see the City Walls immediately in front of you. Turn left and follow the road to enter the walled city, keep the walls on your left to reach the river Ouse at Lendal Bridge and join the route here **(#)**.

**TERRAIN:** Urban area. Not suitable for wheelchairs or pushchair due to frequent steps to access the city walls. Dogs are not allowed on the City Walls. The City Walls are closed after dark and may be closed for repair or adverse weather conditions without notice. It is possible to continue the route by following the roads on the outside of the walls

**REFRESHMENTS**: As York is a tourist orientated city, there are ample places to purchase a wide variety of food and drink

### **ROUTE DESCRIPTION (Updated 31st August 2024)**

From car/coach park turn right and cross road at pedestrian crossing. Cross Lord Mayors Walk at pedestrian crossing and turn left onto Lord Mayors Walk. With City Walls on right (1\*) continue to traffic lights and turn right to enter walled city at Monkgate Bar.

#### Q1. On Monk Bar notice board, when was the main gateway removed?

Go through right hand pedestrian archway and immediately turn back on yourself to climb narrow steep stairway onto City Walls. At top turn left and walk along the walls. At the end of this section descend to street level. Turn right, then right again through

Bootham Bar (2\*) into High Petergate. In approximately 50m, immediately before the Hole in the Wall Public House, turn left through narrow roofed passage to reach Precentors Court. Turn right towards York Minster. (3\*) At Minster turn left through metal gate into Deans Park. Keep to left hand pathway around edge of park passing Minster Library.

# Q2. On the plaque at Minster Library, which King invested his son as Prince of Wales?

Leave Deans Park through metal gates and turn right along cobbled road. After passing through next metal gate turn left into Chapter House Street. At end turn right into Ogleforth. At crossroads turn right into Goodramgate and at 'Cross Keys' Public House bear left to continue along Goodramgate, passing Holy Trinity Church on right. (4\*) Keep forward and at crossroads turn right into Low Petergate). At next crossroads turn left into Stonegate. Immediately before reaching 'Old Starre Inne', turn left into roofed alleyway – Coffee Yard, formerly Langton Lane (sign up on left). Pass Barley Hall and emerge into Swinegate. Keep forward and in 30m turn right at first road into Back Swinegate and at next corner turn right into Little Stonegate. At end turn left back into Stonegate, and at end of Stonegate turn left into Davygate (Betty's Café on right).

Keep forward to cross St Sampsons Square (the original site of York's Market) and enter Parliament Street. Keep to left hand side of Parliament Street and turn left at first entrance, into Jubbergate (under 'Shambles Market' archway). Keep to left hand side, going forward at next junction and keeping black and white timbered building on your right to enter Newgate.

After passing edge of market keep forward and turn right into the Shambles. Go down the Shambles and after last shop on left and before church turn left into roofed passage (La Crux Passage) to reach Whip-ma-whop-ma-gate (This is the shortest street in York - See plaque on church to right as you turn).

#### Q3. When was this street known as Whitnourwhatnourgate?

Turn right and cross Pavement into Fossgate, continue on Fossgate, after passing The Cosy Club and before Franklins Yard and the bridge, turn left into Strakers Passage. At end turn right to reach narrow path ahead with red brick wall on left to reach river down steps. Turn left and continue with river on right passing multi storey car park on left, up steps cross river bridge, turn left and continue on raised walkway, river on left to reach new suspension bridge. Turn right then left into Navigation Road, at main road turn right to Red Tower on right. Turn right and climb steps onto City Walls. At end of this section of wall, descend to street level at Walmgate Bar. Cross road and then continue along City Walls to end of section at Fishergate Bar.

#### Q4. When was Fishergate Bar used to incarcerate 'lunatics'?

At bottom of steps turn left through archway and turn right along Paragon Street with City Walls on right. At T-Junction cross road at Pelican crossing and turn right to pass public house. At end of next building on left and before bridge, turn left down steps to River Foss. Keep forward with river on right passing lock and then flood barrier to reach footbridge over River Foss shortly before the River Foss joins the River Ouse. Go over footbridge and turn right along footpath with St George's Field car park on right and River Ouse on left.

Go through archway under next bridge and continue along riverside to reach next bridge. Climb steps and at top turn right. At road junction, cross and keep ahead into High Ousegate. Turn right down path immediately before church on right, cross next road and go down Coppergate Walk passing Jorvik Viking Centre. (5\*) Keep forward and exit St Mary's Square using Castle Walk (in far right corner).

#### Q5. On right who was Fairfax House built for?

At end of passageway, head across car park towards Clifford's Tower. (6\*) (7\*) Turn right keeping Clifford's Tower on right and Castle Museum on the left to descend slight hill. At bottom, cross road and turn left. Continue on this pavement to cross over bridge and at first road on right, cross road and bear right to climb steps onto walls, Baile Hill. Continue along walls, crossing over road at Micklegate Bar to eventually return to river at Lendal Bridge **(#)**, turn left before bridge and descend steps to riverside. *(If river is flooded, continue over bridge and continue from \*\*)*. Turn left on riverside path.

Go forward with river to your right until you reach the next bridge. (8\*) Turn left before barrier and climb steps to bridge, cross river and at far side go down steps then turn left to riverside path. Keep forward with river on right. At end of houses, just before archway turn left. Go through flood barrier and ahead on right hand pavement. Turn right through archway, to enter Museum Gardens. Keep forward on path. Where main path divides, bear left climbing to reach York Observatory on right.

#### **Q6. What latitude is York Observatory?**

Continue on passing Yorkshire Museum on left. (9\*) Keep forward on path and exit gardens through gates. Turn left (\*\*) and at crossroads turn left into St Leonards Place keeping to left hand pavement passing Theatre Royal on opposite side of road. After passing the Art Gallery, cross the road into Gillygate. Continue along Gillygate to return to car/coach park, and end of walk.

#### Places of interest around the trail.

**1**\* CITY WALLS - The first wall was a simple earth and wood stockade built by the Romans to surround their early fort. The Ninth Legion added stone walls in the 2nd Century. The present wall dates from the 13th Century and stands on an earth rampart built by the Anglo-Danish Kings of and later enlarged by the Normans. The walls have been extensively restored in the last two centuries.

**2**\* BOOTHAM BAR - This is the oldest entrance to being one of the gates to the Roman Fort. There has been an entrance here for over 2000 years.

**3\*** YORK MINSTER - York Minster is the mother church of the Northern Province of the Church of England. It is the largest Gothic Church in England. Although the site of a much earlier church, parts of the present Minster date from the late 11th Century. Nowhere else in England can so much medieval glass be seen.

**4**\* HOLY TRINITY CHURCH - This church hides in a small, secluded, leafy churchyard, it is York's hidden gem, a tranquil haven among the busy city streets. There has been a church on this site since the time of the Domesday Book. The present church dates from the15th Century with most of the exterior dating from the 17th & 18th Centuries. The box pews are unique in York. Two boards in the church record the names of York's Lord Mayors

**5**\* JORVIK VIKING CENTRE - This is an exact reconstruction of life in Viking York based on the results of five years of painstaking archaeological excavation. The sights, sounds and smells of a bustling Viking community are recreated as you journey back a thousand years in a special 'time car'.

**6**\* CLIFFORDS TOWER - Built on an artificial mound erected by William the Conqueror. 150 Jews took their own lives during anti-jewish riots in the 12th Century rather than surrender to the mob.

**7**\* CASTLE MUSEUM - This is England's largest and most popular folk museum. It contains authentically reproduced streets of the Victorian and Edwardian ages together with period displays.

**8**\* If you wish to visit the National Railway Museum turn left at this bridge and follow signs. Then retrace your steps to rejoin the route. NATIONAL RAILWAY MUSEUM - One of the largest railway collections in Britain with over two hundred years of railway history on display.

**9**\* YORKSHIRE MUSEUM - Some of the rarest archaeological treasures in the whole of Europe are housed here. Of especial interest is the Middleham Jewel, an exquisite 15th Century gold pendant adorned with a magnificent sapphire and found in 1985 near Middleham Castle

When you have completed this trail please use the Permanent Trail Entry Form

The organisers are not liable for accidents, thefts and/or damage to property. Every effort will be made by the organisers to make this a safe, enjoyable and memorable event.

All Permanent Trails Registered with BWF