



Our routes are well written, informative and easy to follow. Starting points are given on route descriptions, on the website and in the BWF Annual Event and Permanent Trails Yearbook. Some can be reached by public transport or joined at various points in the route description for convenience.

Nationally there are over 150 permanent trails. Trails can be found as far north as Aviemore, Scotland, southeast as Dover, Kent and southwest as Lostwithiel, Cornwall.

BWF has 10 trails available in Jersey, 2 in Cornwall, 1 in Kent and many other counties in between, run by different member clubs of the BWF with information available on the website www.bwf-ivv.org.uk.

British Walking Federation also recognise 20 National Trails and a number of Long Distance Trails for the IVV Award Scheme (further detail on "British Walking Federation About Us" leaflet).

There is a special challenge for Permanent Trails and National Trails, to complete 100 different BWF registered Permanent or National Trails. For more information go to PT100 Challenge on the BWF Website.

FURTHER INFORMATION FROM:

WEBSITE www.bwf-ivv.org.uk

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BRITISH WALKING FEDERATION - PERMANENT TRAILS

Permanent Trails are year round trails available to walk in your own time. Route descriptions are available from the website or the Annual BWF Events and Permanent Trails Yearbook.

Typically a trail will be a distance of 10km but vary from walk to walk.

IVV award stamps are available for all registered Permanent Trail routes. Many of the trails have a commemorative cloth badge available to purchase from the trail organiser.



The British Walking Federation offer 26 Permanent Trails, the most northerly, the Aviemore Trail (PT 131) an 11km walk and the most south westerly is Lustleigh Cleave (PT 124) 13km walk.



The trails are a mix of town walks such as Dover, Tiverton and York, historic trails like the Cissbury Ring and Bolton Priory & Strid as well as country walks in the Lake District and stately homes of Derbyshire.

We find that town walks offer an alternative in winter to muddy fields but still encourage you to walk even in the worst of weather conditions.

Most town walks are designed to take in sights, parks, rivers and areas of interest but they do stick to well walked paths and are mostly tarmac or designated footpaths.

This gives us the opportunity to continue with walking even in the worst of weathers and pub lunches, coffee shops and visitor interests can give a welcome break from cold winds & wintry weather.

Because awards are given for all completed trails all trails will ask questions on route, these usually refer to points of interest.

An example from PT 127.

"Leave the car park Keep ahead for approx 800m to Beeley Hilltop Farm.

Q1 - On notice board what type of cattle are mentioned?

Continue ahead on track for 100m.....".